

NARAYANA COLLEGE OF NURSING

Chinthareddy palem, Nellore

NSS report on breast feeding week celebrations-2018

Narayana College of nursing under NSS unit had celebrated breast feeding week from august 1st to 7th. This year theme is “**Sustaining Breast Feeding Together**”. The breast feeding week was celebrated in different areas for 7 days.

Day1:

The NSS Program officer Mrs.Usha kiran and ,Ms,Ramya Hod of Child health Nursing Department, Mrs.Swapna Assistant professor, Department of Community health Nursing, Mrs. Samhitha Assistant professor Department Child health Nursing, NSS volunteers and III year students,Msc Students was celebrated first day of breast feeding week on 01.08.18 between 9-12 pm PHC Venkatachelam Nellore. On the first day students pre test and post test on knowledge was assessed on breast feeding to the participants, a skit showing Breast milk importance, techniques and position was performed. Antenatal and postnatal mothers were participated in the program, Nutritional supplement of mixture of groundnuts,jaggery,ghee,ragi balls were distributed to the participant, and a slide show was projected to the participants on the uses for mother and baby in feeding.



Day 2:

The second day of breast feeding week on 02.08.18 between 9-12pm NSS Program officer Mrs.Usha kiran and Mrs.Sukanya Assistant professor Child health Nursing Department, Mrs.kavitha Assistant professor, Department of Community health Nursing, students performed Human Puppet show (on myths of breast feeding and exclusive feeding to the antenatal and postnatal mothers at Anganawadi center of in kakatur village , participants were very enthusiastically enjoyed the programme and responded for discussions, programme was ended with distribution of refreshments to the participants.



Day 3:

The Third day of breast feeding week on 03.08.17 between 9-12pm was celebrated at Dakkalivari palem Anganwadi center by Ms.Ramya H.o.d from child health department ,Mrs.Latha , Associate prof Obg department, Mrs Aruna assistant prof obg,Mrs.Kavitha from Community health department a Live Exhibition on postnatal and antenatal diet was shown to the antenatal and postnatal mothers .And ended with distributing refreshments to the participants.NSS volunteers and III year Bsc nursing students ,Msc nursing students were actively participated.



Day 4:

Live demonstration on Breast feeding with Doll was conducted on fourth day. Showing a slide show to the Antenatal and Postnatal mothers , Ms .Ramya ,H.O.D Child health department, Mrs.Usha kiran Asso.prof Obg, Mrs. Kavitha asso.prof community health department ,antenatal and postnatal mothers were expressed their doubts and interacted with the volunteers and explained the purpose of gathering.



Day 5:

Day 6:

The sixth day of breast feeding week was celebrated at obstetrics ward on 06.08.16 between 10-12 pm. The program was started by MS. K. Ramya, HOD child health nursing department and Ms. Prasanna, assistant professor child health nursing department. Demonstration of breastfeeding was performed by II M.Sc nursing students regarding the techniques and positions for breast feeding. Return demonstration was done by postnatal mothers. On the same day quiz was conducted to the students. followed by distribution of snacks.



Day 7:

The last day of breast feeding week was celebrated at Narayana college of nursing auditorium on 07.08.16 between 3-4 pm. The program was started by prayer song by III B.Sc (N) students and welcome song by III B.Sc (N) students. Ms. K. Ramya HOD, Child health nursing department welcome the gathering. The chief guest of the program was Dr. Indira, principal , Narayana college of nursing. Mrs Rajeswari Vice principal mental health department ,Mrs. Vanaja kumari, professor & HOD community health nursing department, Mrs. A. Latha, professor & HOD, Medical Surgical Nursnig department, Mrs. Latha.P, Asso professor and HOD department of OBG, Ms. Elizabeth jasmine HOD nursing foundations were the dignitaries for the program. The chief guest and other dignitaries delighted the program by lamp lighting. A special Skit was performed by III B.Sc nursing students regarding the importance of exclusive breast feeding. A mime was done by IIIyr Bsc nursing students and the winners of the whole week competitions were awarded with prizes and certificates. The program was concluded by vote of thanks given by Ms. Linta, IIIyr BscN student followed by distribution of snacks and national anthem



